

Coming events to lock in:

- 21 April **John Michael Howson** (partners night)
- Business Person's Breakfast THURSDAY 11 June
- Changeover see Sam Binstock take the reigns—July



This is *not* the Editor!

	April 14	April 21	April 27	May 4
Speaker	Ron Coles	John Michael Howson	Reg Rosen	Gabi McMullen
Topic	Prostate Cancer Awareness	Entertainment Hollywood	Power	Exchange Experience
Chair	Max Sherlock	Syd Travitz	Ron Sack	Geoff Asher
Toast to Club	John Strong	Geoff Oscar	A Nelson	M Faiman
Toast to Australia	Jack Dimand	John Strong	M Faiman	A Nelson
Meeting	Breakfast	PARTNERS NIGHT	Board Meeting	Breakfast
Cashier	A Nelson	David H / Sam B	J Hill	L Blode

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APOLOGIES :

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Please latest
12pm Tuesday

THE GEN

Bulletin

Rotary Club of Glen Eira

14 April 2009 – Week 42

[Www.rotarygleneira.com.au](http://www.rotarygleneira.com.au)

Meets at: London Tavern, 414 Hawthorn Road, Caulfield



Tonight's Very Special Guest

RON COLES

Ambassador Prostate Cancer Awareness

This vital issue will be discussed at tonight's meeting.

Further details:

www.prostate.org.au

Our Club raised funds for this issue from the last Business Breakfast

District Conference Launceston

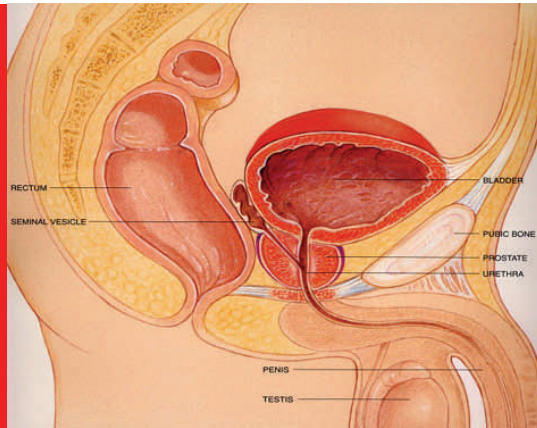
Some of the fun in
fellowship

We will have a rolling series of photos presented of our Club activities. A good time was had by all. Fellowship a cornerstone of a successful Club.



The Prostate - What is it?

The Prostate is an organ forming part of the male reproductive system. It is located immediately below the bladder and just in front of the bowel. Its main function is to produce fluid which protects and enriches sperm. In younger men the prostate is about the size of a walnut. It is doughnut shaped as it surrounds the beginning of the urethra, the tube that conveys urine from the bladder to the penis. The nerves that control erections surround the prostate.



There are disorders of the prostate.

All can have similar symptoms, which may include one or more of the following:

- Waking frequently at night to urinate
- Sudden or urgent need to urinate
- Difficulty in starting to urinate
- Slow flow of urine and difficulty in stopping
- Discomfort when urinating
- Painful ejaculation
- Blood in the urine or semen
- Decrease in libido (sex urge)
- Reduced ability to get an erection

Most men tend to accept the onset of one or more of these symptoms as being a natural consequence of ageing. However, anyone experiencing any of the above symptoms is advised to consult a doctor without delay. Early expert diagnosis and treatment is important and may avert potentially serious health consequences.

Rotarians are encouraged to use **THE GEN** as a means of sharing information about Rotary coming events and news. Your item can be emailed to heubergd@anz.com Preferred deadline Friday 5pm..

Last Meeting / Week

It was an actioned filled week in Rotary and all those who participated would have enjoyed themselves thoroughly. It started with the buzz and excitement of our Club's meeting. Yoshiko's daughter Yumi Stynes, an entertainment reporter and presenter described her job. A fascinating portrait was painted. We also met her own wonderful kids. It was a night of buzz. Yumi has interviewed Kylie, Kiss and other notable movie and music performers. It was very energetic and thanks to all the kids and partners who joined us. Thanks Yumi and Yoshiko. Our Club also announced as ratified by our formal process that our President Nominee (to be President in 2010-2011) is Jan Hill. Our Club also participated in a full Saturday race meeting at Caulfield where we conducted a sausage sizzle (over \$1 k anticipated profit). Thanks to Ian for assistance. Also thanks to Keith and Marilyn Faiman (50 loaves of bread, many many thanks, plus All their work). Thanks also to Geoff Asher, Geoff Oscar, John Strong, Max Sherlock, Jan Hill, Sam Binstock, Syd Travitz, Jack Dimand, Larry Blode the onion man, David, Kurt Langfelder, and for all his efforts with the meat and contacts and BBQ skills, Jeff Nirens. Great effort Ian and Jeff.

SPECIAL NOTE to Geoff Asher with our best wishes and thoughts to you and your mother.

Adrian Nelson also a full get well as he was a little off colour last week. Get much better Adrian.

JOHN MICHAEL HOWSON

Tuesday 21 April 2009

6.30pm for 6.45pm

Partners Night, Family Night, Cluster Club Night

\$25 pp

Please note this meeting will be scheduled to finish more than likely past 8pm as we will have questions and good fun night. The Board has decided to have a "standard" meeting with \$25pp and one course. We will be inviting our Cluster Clubs and a partner's night.